NetHack Monster Eating Effects

Creature Name	Lvl	Wgt	Nutr	Resistances Conferred
acid blob	1	30	10	Sleep, SStone
acolyte	5	1450	400	0
air elemental	8	0	0	0
Aleax	10	1450	400	0
aligned priest	12	1450	400	Shock
Angel	14	1450	400	0
ape	4	1100	500	0
apprentice	5	1450	400	0
Arch Priest	25	1450	400	Fire, Shock, Sleep, Poison
archeologist	1	1450	400	0
Archon	19	1450	400	0
Ashikaga Takauji	15	1450	400	0
Asmodeus	105	1500	500	0
attendant	5	1450	400	Poison
Baalzebub	89	1500	500	Hallu
baby black dragon	12	1500	500	Disint
baby blue dragon	12	1500	500	Shock
baby crocodile	3	200	200	0
baby gray dragon	12	1500	500	0
baby green dragon	12	1500	500	Poison
baby long worm	8	600	250	0
baby orange dragon	12	1500	500	Sleep
baby purple worm	8	600	250	0
baby red dragon	12	1500	500	Fire
baby white dragon	12	1500	500	Cold
baby yellow dragon	12	1500	500	SStone
balrog	16	1450	400	0
baluchitherium	14	3800	800	0
barbarian	1	1450	400	Poison
barbed devil	8	1450	400	0
barrow wight	3	1200	0	0
bat	0	20	20	Stun (30)
black dragon	15	4500	1500	Disint
black naga	8	2600	400	Poison, SStone
black naga hatchling	3	500	100	Poison
black pudding	10	900	250	Cold, Shock, Poison, SStone
black unicorn	4	1300	300	Poison
blue dragon	15	4500	1500	Shock
blue jelly	4	50	20	Cold, Poison
bone devil	9	1450	400	0
brown mold	1	50	30	Cold, Poison
brown pudding	5	500	250	Cold, Shock, Poison, SStone
bugbear	3	1250	250	0
captain	12	1450	400	0
carnivorous ape	6	1250	550	0
cave spider	1	50	50	Poison
caveman	1	1450	400	0
cavewoman	1	1450	400	0
Cerberus	12	1000	350	Fire
chameleon	6	100	100	Polymorph
Charon	76	1450	400	0
chieftain	5	1450	400	Poison
Chromatic Dragon	16	4500	1700	Fire, Cold, Shock, Disint, Poison
clay golem	11	1550	0	0
cobra	6	250	100	Poison
cockatrice	5	30	30	Poison, Stone
couatl	8	900	400	0
crocodile	6	1450	400	0
Croesus	20	1450	400	Stone
Cyclops	18	1900	700	Strength
Dark One	15	1450	400	0
Death	20	1450	0	Fire, Cold, Shock, Sleep, Poison, Stone
demilich	14	1200	100	Cold
Demogorgon	106	1500	500	0
Dispater	78	1500	500	0
djinni	7	1500	400	0
dog	4	400	200	0
dust vortex	4	0	0	0
dwarf	2	900	300	0
dwarf king	6	900	300	0
dwarf lord	4	900	300	0
Earendil	20	800	350	Sleep
earth elemental	8	2500	0	0
electric eel	7	200	250	Shock
elf	1	800	350	Sleep
elf-lord	8	800	350	Sleep
elf mummy	6	800	175	0
elf zombie	3	800	175	0
Elvenking	9	800	350	Sleep
Elwing	20	800	350	Sleep
energy vortex	6	0	0	0
erinyes	7	1450	400	0
ettin	10	1700	500	0
ettin mummy	7	1700	250	0
ettin zombie	6	1700	250	0
Famine	20	1450	0	Fire, Cold, Shock, Sleep, Poison, Stone
fire ant	3	30	10	Fire
fire elemental	8	0	0	0
fire giant	9	2250	750	Fire, Strength
fire vortex	8	0	0	0
flesh golem	9	1400	600	Fire, Cold, Shock, Sleep, Poison
floating eye	2	10	10	Telepathy
fog cloud	3	0	0	0
forest centaur	5	2550	600	0

Creature Name	Lvl	Wgt	Nutr	Resistances Conferred
freezing sphere	6	10	10	Cold
frost giant	10	2250	750	Cold, Strength
garter snake	1	50	60	0
gecko	1	10	20	0
gelatinous cube	6	600	150	Fire, Cold, Shock, Sleep, SStone
Geryon	72	1500	500	0
ghost	10	1450	0	0
giant	6	2250	750	Strength
giant ant	2	10	10	0
giant bat	2	30	30	Stun (30)
giant beetle	5	10	10	Poison
giant eel	5	200	250	0
giant mimic	9	800	500	Mimic (50)
giant mummy	8	2050	375	Strength
giant rat	1	30	30	0
giant spider	5	100	100	Poison
giant zombie	8	2050	375	Strength
gnome	1	650	100	0
gnome king	5	750	150	0
gnome lord	3	700	120	0
gnome mummy	4	650	50	0
gnome zombie	1	650	50	0
gnomish wizard	3	700	120	0
goblin	0	400	100	0
Goblin King	15	750	350	0
golden naga	10	2600	400	Poison
golden naga hatchling	3	500	100	Poison
gray dragon	15	4500	1500	0
gray ooze	3	500	250	Fire, Cold, Poison, SStone
gray unicorn	4	1300	300	Poison
green dragon	15	4500	1500	Poison
green mold	1	50	30	SStone
Green-elf	5	800	350	Sleep
gremlin	5	100	20	0
Grey-elf	6	800	350	Sleep
grid bug	0	15	10	0
guard	12	1450	400	0
guardian naga	12	2600	400	Poison
guardian naga hatchling	3	500	100	Poison
guide	5	1450	400	0
healer	1	1450	400	Poison
hell hound	12	600	300	Fire
hell hound pup	7	200	200	Fire
hezrou	9	1450	400	0
high priest	25	1450	400	Fire, Shock, Sleep, Poison
High-elf	5	800	350	Sleep
hill giant	8	2200	700	Strength
hill orc	2	1000	200	0
Hippocrates	20	1450	400	Poison
hobbit	1	500	200	0
hobgoblin	1	1000	200	0
homunculus	2	60	100	Sleep, Poison
horned devil	6	1450	400	0
housecat	4	200	200	0
human	0	1450	400	0
human mummy	6	1450	200	0
human zombie	4	1450	200	0
ice devil	11	1450	400	0
ice troll	9	1000	300	Cold
ice vortex	5	0	0	0
iguana	2	30	30	0
imp	3	20	10	0
incubus with seduce	6	1450	400	0
incubus without seduce	6	1450	400	0
iron golem	18	2000	0	0
iron piercer	5	400	300	0
Ixoth	15	4500	1600	Fire
jabberwock	15	1300	600	0
jackal	0	300	250	0
jaguar	4	600	300	0
Juiblex	50	1500	0	SStone
Keystone Kop	1	1450	200	0
ki-rin	16	1450	400	0
killer bee	1	1	5	Poison
King Arthur	20	1450	400	0
kitten	2	150	150	0
knight	1	1450	400	0
kobold	0	400	100	0
kobold lord	2	500	200	0
kobold mummy	3	400	50	0
kobold shaman	1	450	150	0
kobold zombie	0	400	50	0
Kop Kaptain	4	1450	200	0
Kop Lieutenant	3	1450	200	0
Kop Sergeant	2	1450	200	0
kraken	20	1800	1000	0
large cat	6	250	250	0
large dog	6	800	250	0
large kobold	1	450	150	0
large mimic	8	600	400	Mimic (40)
leather golem	6	800	0	0
lemure	3	150	100	Sleep
leocrotta	6	1200	500	0
leprechaun	5	60	30	Teleport
lich	11	1200	100	Cold
lieutenant	10	1450	400	0
little dog	2	150	150	0
lizard	5	10	40	SStone
long worm	8	1500	500	0
long worm tail	0	0	0	0

Creature Name	Lvl	Wgt	Nutr	Resistances Conferred
Lord Carnarvon	20	1450	400	0
Lord Sato	20	1450	400	0
Lord Surtur	15	2250	850	Fire, Strength
lurker above	10	800	350	0
mail daemon	56	600	300	0
manes	1	100	100	0
marilith	7	1450	400	0
master lich	17	1200	100	Fire, Cold
Master Assassin	15	1450	400	0
Master of Thieves	20	1450	400	0
Master of Thieves	20	1450	400	0
Medusa	20	1450	400	Poison, Stone
mind flayer	9	1450	400	Intelligence
Minion of Huhetotl	16	1450	400	0
minotaur	15	1500	700	0
Mordor orc	3	1200	200	0
mountain centaur	6	2550	500	0
mountain nymph	3	600	300	Teleport
mumak	5	2500	500	0
nalfeshnee	11	1450	400	0
Nalzok	16	1450	400	0
Nazgul	13	1450	0	0
neanderthal	5	1450	400	0
newt	0	10	20	0
ninja	5	1450	400	0
Norn	20	1450	400	Cold
nurse	11	1450	400	Poison, Heal
ochre jelly	6	50	20	SStone
ogre	5	1600	500	0
ogre king	7	1700	750	0
ogre lord	7	1700	700	0
Olog-hai	13	1500	400	0
oracle	12	1450	400	0
orange dragon	15	4500	1500	Sleep
orc	1	850	150	0
orc-captain	5	1350	350	0
orc mummy	5	850	75	0
orc shaman	3	1000	300	0
orc zombie	2	850	75	0
Orcus	66	1500	500	0
owlbear	5	1700	700	0
page	5	1450	400	0
Pelias	20	1450	400	Poison
Pestilence	20	1450	0	Fire, Cold, Shock, Sleep, Poison, Stone
pit fiend	13	1450	400	0
pit viper	6	100	60	Poison
plains centaur	4	2500	500	0
player	1	1450	400	0
priest	1	1450	400	0
priestess	1	1450	400	0
purple worm	15	2700	700	0
python	6	250	100	Poison
quantum mechanic	7	1450	20	Speed
quasit	3	200	200	Poison
queen bee	9	1	5	Poison
quivering blob	5	200	100	Poison
rabid rat	2	30	5	0
red dragon	15	4500	1500	Fire
red mold	1	50	30	Fire, Poison
red naga	6	2600	400	Fire, Poison
red naga hatchling	3	500	100	Fire, Poison
rock mole	3	30	30	0
rock piercer	3	200	200	0
rock troll	9	1200	300	0
rogue	1	1450	400	0
ronin	5	1450	400	0
rope golem	4	450	0	0
rothe	2	400	100	0
rust monster	5	1000	250	0
samurai	1	1450	400	0
sasquatch	7	1550	750	0
scorpion	5	50	100	Poison
sergeant	8	1450	400	0
sewer rat	0	20	12	0
shade	12	1450	0	0
Shaman Karnov	20	1450	400	0
shopkeeper	12	1450	400	0
shrieker	3	100	100	Poison
skeleton	12	300	5	0
small mimic	7	300	200	Mimic (20)
snake	4	100	80	Poison
soldier	6	1450	400	0
soldier ant	3	20	5	Poison
spotted jelly	5	50	20	SStone
stalker	8	900	400	Invisible
steam vortex	7	0	0	0
stone giant	6	2250	750	Strength
stone golem	14	1900	0	0
straw golem	3	400	0	0
student	5	1450	400	0
succubus with seduce	6	1450	400	0
succubus without seduce	6	1450	400	0
tengu	6	300	200	Poison, Teleport, TPControl
Thoth Amon	16	1450	400	Poison
thug	5	1450	400	0
tiger	6	600	300	0
titan	16	2300	900	0
titanothere	12	2650	650	0
tourist	1	1450	400	0
trapper	12	800	350	0

Creature Name	Lvl	Wgt	Nutr	Resistances Conferred
troll	7	800	350	0
Twoflower	20	1450	400	0
umber hulk	9	1200	500	0
unarmored soldier	6	1450	400	0
unarmored watchman	6	1450	400	0
Uruk-hai	3	1300	300	0
valkyrie	1	1450	400	Cold
vampire	10	1450	400	0
vampire bat	5	30	20	0
vampire lord	12	1450	400	0
violet fungus	3	100	100	Poison, Hallu
Vlad the Impaler	14	1450	400	0
vrock	8	1450	400	0
warg	7	850	350	0
warrior	5	1450	400	0
watch captain	10	1450	400	0
watchman	6	1450	400	0
water demon	8	1450	400	0
water elemental	8	2500	0	0
water moccasin	4	150	80	Poison
water nymph	3	600	300	Teleport
water troll	11	1200	350	0
werejackal	2	300	250	Were
werejackal	2	1450	400	0
wererat	2	40	30	Were
wererat	2	1450	400	0
werewolf	5	500	250	Were
werewolf	5	1450	400	0
white dragon	15	4500	1500	Cold
white unicorn	4	1300	300	Poison
winter wolf	7	700	300	Cold
wizard	1	1450	400	0
Wizard of Balance	20	1450	400	0
Wizard of Yendor	30	1450	400	Fire, Poison
wolf	5	500	250	0
wood golem	7	900	0	0
wood nymph	3	600	300	Teleport
Woodland-elf	4	800	350	Sleep
wraith	6	0	0	GainLev
wumpus	8	2500	500	0
xan	7	300	300	Poison
xorn	8	1200	700	Fire, Cold, Stone
Yeenoghu	56	900	500	0
yellow dragon	15	4500	1500	SStone
yellow light	3	0	0	Stun (60)
yellow mold	1	50	30	Poison, Hallu
yeti	5	1600	700	Cold
zruty	9	1200	600	0

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The various columns mean the following:

Creature Name: The creature's name.

Level: The creature's level, comparable to your experience level.

Wgt: The creature's corpse's weight.

Nutr: The creature's corpse's nutrition value when eaten.

Eating effects: Effects that *may* be occur by eating the creature's corpse. Abbreviations mean the following:

Cold	You gain cold resistance.
Disint	You gain disintegration/death-ray resistance.
Fire	You gain fire resistance.
GainLev	You will gain one experience level, up to level 30. After level 30, you will still gain extra hit points. Your score is not increase by this experience gain.
Hallu	You will hallucinate for 200 rounds.
Heal	You will regain any lost hit points.
Intelligence	If your intelligence is not at its maximum, you have a 50% chance to gain one point.
Invisible	If you are invisible, you will permanently be invisible and gain the "see invisible" intrinsic. Otherwise, you will become invisible for a random period of time. You will be stunned for 60 rounds in either case.
Mimic (x)	You mimic a pile of gold for x rounds.
Poison	You gain poison resistance.
Polymorph	You are polymorphed.
Shock	You gain shock (electricity) resistance.
Sleep	You gain sleep resistance.
Speed	If you are (very) fast, your speed becomes normal. If not, you become fast.
SStone	You will stop turning to stone.
Stone	You will turn to stone.
Strength	If your strength is not at its maximum, you will get stronger.
Stun (x)	You are stunned for x rounds.
Telepathy	You will have ESP when blind.
Teleport	You will be randomly teleported once in a while.
TPControl	You can control your teleports.
Were	You will catch lycanthropy.

Most of these effects will *always* happen. The following intrinsics are not conferred automatically: Cold (15), Disint (15), Fire (15), Poison (15), Sleep (15), Shock (15), Teleport (10), and TPControl (12). The chance of gaining the intrinsic is equal to the monster's level, divided by the number listed. So, if you eat a fire giant corpse, first you will increase your strength, and then you have a 9/15 (60%) chance of gaining fire resistance as well. Note that these eight intrinsics are checked for in the order listed here, and that a corpse never confers more than one intrinsic.

Lastly, note that eating a human corpse (including corpses left by werecreatures not in human form) is frowned upon by the gods if you are human yourself. The same goes for elves: don't eat elves if you are one. On a related note, don't kill a tame monster. This will give you the one intrinsic not yet mentioned: aggravate monster.